

Global Wellness Day



Global Wellness Day Yoga at Kamogawa Riverside

The Ritz-Carlton Spa holds its morning yoga session in front of the hotel on the banks of the Kamogawa river on Global Wellness Day, first celebrated in 2012 in Turkey. Wake up your mind and body with gentle yoga moves amid the wonder of nature and start your day feeling refreshed!

Saturday, June 9th

8:00 A.M. – 9:00 A.M.

Meeting Point: 7:45 A.M. at Concierge Desk

Please wear comfortable clothing in order to exercise.

Free rental wear available at the Spa (#5554)

*"One day,
can **change**
your whole life!"*

GLOBAL
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THE RITZ-CARLTON
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