

Winter Exclusive: Snow Sports Recovery Program



Our exclusive winter season plan is designed to enhance your winter experience by offering optimal recovery after snow sports, ensuring you're refreshed and ready for the days ahead. Choose from two tailored plans based on your level of fatigue and available time.

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After Snow Sports Recovery Body 75 min(105min)

Entire Back + Shoulders + Head + Front Legs + Muscle Melt Balm

This treatment focuses on the entire back and shoulders, while also providing targeted care to relieve tension in the legs, where fatigue often accumulates during snow sports. It's ideal for next-day recovery and preventing muscle soreness.

Regular Price ¥31,350

Special Price
¥28,500

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After Snow Sports Recovery Full Body 90 min(120min)

Full Body + Hot Stones + Muscle Melt Balm

Combining hot stones and a warming muscle balm, this treatment alleviates muscle tension and soothes cold-stiffened muscles, offering deep relaxation and an effective full-body recovery.

Regular Price ¥37,950

Special Price
¥35,500

※All prices inclusive of consumption tax.

※() indicates total time from arrival to departure, including consultation and changing time.



- Location SPA & SUITE Building G1, next to the hot spring bath
- Business Hours Winter Season 13:30 - 20:15 (Last appointment)
Green Season 14:30 - 21:15 (Last appointment)

■ Reservation & Inquiry (Reservation Required) Extension : 5115



Online
Reservations