

SPA & WELLNESS Joule

Signature

- **Wellness Journey** 180 mins (210 mins)
¥ 63,000 (¥ 76,230)

VIP room with private bath + Balancing body (Whole back / Shoulders / Head)
+ Tummy detox therapy + BIOLOGIQUE RECHERCHE facial

In this comfortable and gorgeous VIP room, this wonderful package charges you with "joule" energy and brings your body, mind and spirit to the best wellness balance.

- **Joule Experience** 150 mins (180 mins)
¥ 51,000 (¥ 61,710)

Aroma body scrub + Balancing body (Whole back / Shoulders / Head)
+ Your choice of mini-facial/ feet/ head

This special package of Five Sense therapy touches your closed five senses in this busy world to reset and sharpen again.

- **The BIOLOGIQUE RECHERCHE** 120 mins (150 mins)
¥ 41,000 (¥ 49,610)

BIOLOGIQUE RECHERCHE facial + Lymph drainage body (with body care)

Combination of Haute Couture facial with high concentrated booster and lymph drainage will lift up your body and mind to bring ideal synergy of beauty.

Body

60 mins: Whole back + Shoulders + Head
90 mins: Whole body
120 mins: Whole body + Customized care

- **Balancing Body** 60 mins (90 mins)
¥ 18,500 (¥ 22,385)
90 mins (120 mins)
¥ 27,000 (¥ 32,670)
120 mins (150 mins)
¥ 35,500 (¥ 42,955)

Bring your inner "Chi" energy to the best balance and let your body and mind experience deep relaxation in a slow rhythm.

- **Deep Pressure Body** 60 mins (90 mins)
¥ 19,000 (¥ 22,990)
90 mins (120 mins)
¥ 27,500 (¥ 33,275)

Slow and strong strokes and pressure approach stiff body and tension effectively. Recommended for those who prefer strong pressure.

- **Relaxing Body with Hot Therapy** 60 mins (90 mins)
¥ 20,000 (¥ 24,200)
90 mins (120 mins)
¥ 28,500 (¥ 34,485)

Slow and strong long strokes along with hot therapy synergy approach stiff body effectively. Cuddle and warm your body and mind for deeper relaxation.

- **Detox Lymph Drainage Body** 60 mins (90 mins)
¥ 20,000 (¥ 24,200)
90 mins (120 mins)
¥ 28,500 (¥ 34,485)

This treatment in the direction of lymph flow will reset and purify your body and mind to feel light and lean. Highly recommended for those are sensitive to cold and/or with edema. *Female guests only.

Facial

- **BIOLOGIQUE RECHERCHE Facial**

Haute Couture Facial

60 mins (90 mins)
¥ 21,000 (¥ 25,410)
90 mins (120 mins)
¥ 32,000 (¥ 38,720)

This extraordinary facial based on your skin condition featuring brightening, lifting, drainage etc., will bring skin a healthy glow. 90 mins program directly solves your skin problem with hand techniques and double booster.

- **Relaxing Facial**

Aroma Therapy Facial

60 mins (90 mins)
¥ 19,000 (¥ 22,990)
90 mins (120 mins)
¥ 27,500 (¥ 33,275)

Beauty essential oil with rich fragrance and deep method lead you into deep relaxation. 90 mins program includes lift-up and back treatment.

Men

- **Men's Deep Pressure Body**

Whole back + Shoulders + Head

60 mins (90 mins)
¥ 19,000 (¥ 22,990)
90 mins (120 mins)
¥ 27,500 (¥ 33,275)

Whole Body

Based on male skeletal frame and muscle proportion, deep pressure releases body tensions effectively.

- **Men's Haute Couture Facial**

60 mins (90 mins)
¥ 21,000 (¥ 25,410)
90 mins (120 mins)
¥ 32,000 (¥ 38,720)

With BIOLOGIQUE RECHERCHE, this special treatment based on your skin condition will boost for strong, healthy and flexible skin.

- **Men's Complete Package**

Men's whole body deep pressure + Head or Mini-facial

120 mins (150 mins)
¥ 40,000 (¥ 48,400)

This complete package approaches male skeletal frame, muscle proportion and skin condition effectively for refreshing body and mind.

Maternity

- **Maternity Body**

60 mins (90 mins)
¥ 19,000 (¥ 22,990)
90 mins (120 mins)
¥ 27,500 (¥ 33,275)

Focusing on legs and back with pain and fatigue, whole body treatment safely takes place at the best position for a pregnant guest.

※For guests that are 20 weeks pregnant or over only. Please consult your doctor in advance. Depending on your health condition, your treatment may be refused or modified.

Staying Guest Exclusive

Express menus are available for staying guests at Hyatt Regency Tokyo. Fitness gym access and spa meal are not included.

Each Menu below is offered for 45 mins (75 mins)

Express Body ¥ 16,000 (¥ 19,360)
Express Head ¥ 16,000 (¥ 19,360)
Express Feet ¥ 16,000 (¥ 19,360)
Express Aroma Facial ¥ 16,500 (¥ 19,965)

* (Treatment time) includes consultation, un/dressing and aftercare advice.

* Relaxation time after treatment is not included.

* (Price) includes sales tax & service charge.